

Freedom Now Home Care  
Pittsburgh Pennsylvania Office:412-407-2482 Fax:412-592-0974  
admin@freedomnowhc.com

Consumer: \_\_\_\_\_  
Waiver Type: \_\_\_\_\_

Direct Care Worker: \_\_\_\_\_  
Other: \_\_\_\_\_

	Date	Time IN/OUT	Total Hours	Consumer's Signature
SUN				X
MON				X
TUES				X
WED				X
THU				X
FRI				X
SAT				X
Total				X

	S	M	T	W	H	F	S		S	M	T	W	H	F	S
<b>PERSONAL CARE</b>								<b>HOME SUPPORT</b>							
Bath: Supervision/Complete								Light housekeeping: Bedroom							
Supervision /Partial								Bathroom							
Supervision /Shower								Living Room							
Hair Care: Shampoo								Dining Room							
Dry/Comb/Style								Kitchen							
Oral Care/Hygiene								Empty/Clean: Bed Pan/Urinal							
Skin Care-Lotion								Bedside Commode							
Nail Care-Clean File								Floors: Vacuum							
Shave-Electric Only								Sweep							
Dress/Undress Assist								Mop							
Toilet Assist: Toilet								Linen Change							
Bedside Commode								Laundry							
Bed Pan/Urinal								Trash							
Diaper Change								Mail Assistance							
Empty Colostomy Bag								Shopping/Errands							
Empty Catheter Bag								<b>NUTRITION</b>							
Ambulation Assistance								Meal Prep: Breakfast							
Medication Reminder								Lunch							
Feeding Assistance								Dinner							
								Snack/s							
<b>HOME HEALTH AIDE</b>								<b>ESCORT/ACCOMPANY</b>							
Catheter Care								Doctor's Appointment							
Colostomy Care								Shopping/Errands							
Decubitus Care								<b>OTHER TASKS</b>							
Change Dressing/s								Med Equip. Assistance							
Hoyer Lift Transfers															
Vital Signs															
Insulin															
Glucose/Urine Test								On Site Visit							
Exercise Assist/ROM								<b>TIME SHEET REVIEWED BY:</b>							

Direct Care Worker's Comments/ Observations:

\_\_\_\_\_  
\_\_\_\_\_  
Direct Care Worker Signature \_\_\_\_\_